

Mama's Toastie Addiction

CLASSIC TOASTS

(WITH FLORENCIO & XEIXA BROWN BREAD)

T1 Butter and jam, strawberries, peach, figs	M	XL	
	2,5	4,0	V
T2 Tomato with olive oil, sprouts and salt	2,5	4,0	VG
T3 Classic hummus, turmeric hummus, black sesame salt, aji	4,0	7,0	VG

TOSTADAS + AGUACATE

(WITH FLORENCIO & XEIXA BROWN BREAD)

T4 Tomato, avocado & spiced white sesame salt	M	XL	
	4,5	7,5	VG
T5 Avocado, black tahini, lime & black sesame salt	4,5	7,5	VG
T6 Avocado, cashewnuts pesto with nutritional yeast	4,5	7,5	VG

TOAST + EGGS + AVOCADO

H1 Avocado, tomato, rocket, artisanal sheep cheese and fried egg on artisanal parisien bread with olives	XL		
	8,5		V
H2 Poached egg, avocado, tomato, spinach, salad with artisanal xeixa spinach bread	9,0		V
H3 Scrambled eggs with artisanal sheep yogurt, tomato, fresh onions, avocado, oregano, turmeric artisanal bread and salad	9,5		V

SWEET TOAST (WITH BRIOCHE BREAD)

T7 Vegan nutella, banana and agave syrup	XL		
	6,5		VO
T8 Peanut butter, banana and strawberry jam	6,5		VO

TOASTIE EXTRAS

- + Gluten free artisan bread 1,5 // + Avocado 2,2
- + Fresh sheep cheese 3,5 // + Egg any style 2,1
- + 2 scrambled eggs with sheep yogurt and turmeric 6,0

Smoothie Bowls



S1 AÇAÍ AMAZONIA	11,5
Smoothie: Acai, banana, red berries, coconut milk & raw agave	
Toppings: Granola, blueberries, banana, passion fruit, coconut flakes & cacao nibs	
S2 DRAGON BROLY	11,5
Smoothie: Pink Pitaya, mango, banana, coconut milk & raw agave	
Toppings: granola, mango, strawberry, kiwi, coconut flakes & chia	
S3 BLUE TOOTH	11,5
Smoothie: coconut meat, pineapple, banana, blue spirulina & agave	
Toppings: granola, pineapple, blueberries, strawberry, coconut flakes and goji berries	

Breakie Bowls

HOMIENOLA VO

F1 Vegan homemade granola (conventional oven) with lots seasonal fruit	
Creamy Cow Yoghurt	8,5
Soy Yoghurt	9,5

HIPSTER YAYA PORRIDGE

F2 Porridge with almond milk, cinnamon, seeds and agave syrup	5,0	VG
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YAYA'S FACING DOG

F3 Porridge with almond milk, cinnamon, seeds peanut butter, cacao nibs and agave syrup	6,0	VG
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MAKE YOUR BREAKIE BOWL
GLUTEN FREE for +1,5

At lunch time (FROM 13.00 TO 16.00h.)

SOUP or CREAM OF THE DAY with bread	6,5	VG
Add a small soup to any of these plates for	3,5	

HUMMUS PLATTER

Classic and turmeric hummus with pita bread and salad	9,5	VG
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BEYOND MEET BURGER

With cheese, tomato, poached onion, mayo and gerkins with salad and chips	10,5	VG
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M.I.L.F SALAD

With sweet corn, apple, carrot, sauerkraut, nuts, fresh goat cheese or vegan feta cheese, seasonal fruit, vinaigrette and bread	9,5	V VG
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Pastry Corner (All day long)

Be seduced by the endless healthy pleasures that come out daily from Mama's kitchen

MAMA SAYS

90% of the product we use is organic certified. All our bread is sourdough made by

RUSTIC

Please contact a member of staff
if you have any allergies.

Coffee

EXTRA GUEST COFFEE +0.6 / EXTRA SHOT +0.5

Espresso / Double	1.6 / 2.0	Plant Based Milk Cortado	2.0
Espresso Macchiato	1.8	Flat White	2.8
Americano / Batch Brew	2.0	Latte	2.9
Cappuccino	2.3	Mocha	3.0
Cortado	1.9	Piccolo	2.5

Hand Brew (NOT SERVED @ PEAK TIME)

Pour Over: Kalita / V 60 (upon availability)	4.0
Aeropress	4.0
Chemex	6.0

Special Coffees

Latte Machiato	4.8
Pumpkin Spice Latte	4.0
Spicy Cappuccino	3.0
Dirty Chai (Single Espresso)	4.0
Dirty Chocolate (Single Espresso)	4.5
Crunchy Nutellino	5.5
Chocolate	4.0

Cold coffees

Ice Latte	4.5	Espresso Tonic (Double Shot)	4.5
Ice Mocha Latte	5.0	Cold Brew	3.0
Affogato (vanilla ice cream)	5.0	Ice Matcha Latte (Double)	5.5
Golden milk Ice	6.0		

Tea & Herbal tea

CLASSICS

Camomile	2.3	Red with cinnamon	2.3
Green	2.3	Rooibos with citrus fruits	2.3
English breakfast	2.3	Digestive	2.3
Earl Grey	2.3		

SPECIALS

Ayurvedic Classic	2.6	Tulsi with Lemongrass	2.6
Tulsi	2.6	Tulsi Masala Chai	2.6
Tulsi with ginger	2.6		

MATCHA & LATTE

Matcha	3.4	Golden Amazonia	5.5
Matcha latte	3.9	Chai Latte	4.0
Golden milk (Coconut Milk)	5.0		

Soft drinks

Organic soft drink (BOTTLE): Matcha	2.9
Organic soft drink WHOLE EARTH (CAN): Ginger, Cola, Orange, Lemon	2.5
Kombucha Brilla (Check our flavors)	4.0
Bio Juices CALL VALLS: Apple, Tangerine, Lemon, Pineapple, grape, peach	2.5
Still water	1.9
Sparkling water	3.0

Homemade Drinks

Homemade Limonada with mint	4.0
Orange juice	3.2
Grapefruit juice	4.0
Peanut butter, cacao and banana shake	5.5

Cold Pressed Juice **RAW**

GREEN MAMA: kale, spinach, apple, cucumber	6.5
ABC DARIUM: carrot, apple, beetroot	5.6
MAMA COLADA: pineapple, coconut water, lemon, strawberry	6.0
PURO AMOR (season only): watermelon, turmeric, lemon	6.0
GINGER SHOT: ginger, lemon, turmeric, pepper	4.0

Other drinks

Estrella de Galicia	1,8
Alhambra 1925	2.9
Wine glass (red or white)	3.8
Vermut	2.8

COFFEE & DRINK ADD-ONS

+ Organic vegan milks	0,5
+ Coconut Milk	0,5